

October 12 -13, 2023

Pre-Conference: October 11, 2023

6th Annual Kansas Prevention Conference

DIFFERENT PATHS,

One Kansas



Wichita Marriott
9100 Corporate Hills Drive
Wichita, KS 67207



**KANSAS PREVENTION
COLLABORATIVE**



KEYNOTE SPEAKERS



MONTY BURKS MCJ, PH.D., CPRS

Monty Burks, CPRS, PLC, Ph.D., serves as the Director of Faith-Based Initiatives for the Tennessee Department of Mental Health and Substance Abuse Services, where his role is engaging and connecting Tennessee's faith communities to the behavioral health care system, with the goal of expanding addiction and mental health support services across the state. He also oversees the Tennessee Lifeline Peer Project, a state program aimed at reducing the stigma associated with people who suffer from addiction, and the Tennessee Faith Based Community Coordinators, who seek to help congregations build their capacity to combat addiction and mental health issues in their respective communities.

Dr. Burks earned his master's degree in criminal justice from Middle Tennessee State University, and his Doctorate in theology from Heritage, and wears the honorable badge of Certified Peer Recovery Specialist. Burks has more than 20 years of experience working with the criminal justice system in various roles, including adjunct criminal justice professor at Motlow State Community College, Criminal Justice Student Research Analyst at Middle Tennessee State University, and Criminal Justice Program coordinator and adjunct professor at Tennessee State University.

In his spare time, Dr. Burks practices and teaches Brazilian Jiu Jitsu, Mixed Martial Arts, and Muay Thai kickboxing, utilizing martial arts as a platform to discuss, promote, and engage diverse communities on conversations around mental health and emotional fitness!

Building Blocks - Faith, Prevention, Recovery

During this session, attendees will learn about different intersection points between traditional and non-traditional behavioral health communities. Faith, Prevention, recovery, and criminal justice are all places that can either open or close doors that might ultimately lead to freedom from life controlling issues. The power of partnerships and resources can open that door.



DR. FRED ROTTNEK, MD, MAHCM

Dr. Fred Rottnek, MD, MAHCM is a Professor and the Director of Community Medicine at Saint Louis University School of Medicine and the Program Director of the Saint Louis University Addiction Medicine Fellowship. His clinical practices currently include addiction medicine and correctional healthcare. He teaches in the School of Medicine, the Physician Assistant Program, and the School of Law. Board-certified in Family Medicine and Addiction Medicine, he is the Medical Director for the Assisted Recovery Centers of America (ARCA) and Juvenile Detention in Family Court for the City of St. Louis. He serves on the boards of the Saint Louis Regional Health Commission, the ARCHway Institute, and Alive and Well Communities.

The Intersection of Substance Use and Trauma on the Path to One Kansas

During this session, we will explore the intersection and neurobiology of substance use and trauma, understand behaviors that result from the neurobiological changes, help people leverage their protective factors to reduce risky substance use and practice ways to open conversations and normalize discussions about substance use, mental health, and trauma.

CONFERENCE AGENDA

WEDNESDAY, OCTOBER 11, 2023

- 12:00 PM** Pre-Conference Registration
- 1:00 PM** Pre-Conference (Ending at 5:00 PM)
Salons 1-2 Feeding Two Birds With One Stone: Implementing Community Approaches to Reduce Substance Misuse and Suicide
Lydia Fuqua, MA, Meg Hasselman, LMSW

THURSDAY, OCTOBER 12, 2023

- 7:30 AM** Registration and Breakfast
- 8:30 AM** Welcome and Opening Remarks
KS Grand Ballroom *Laura Howard, Secretary, Kansas Department for Aging and Disability Services*
- Opening Keynote - Building Blocks - Faith, Prevention, Recovery
Monty Burks, MCJ, Ph.D., CPRS
- 10:15 AM** Break (15 minutes)
- 10:30 AM** Breakout Session One
- Salons A-C 1.1 - Engaging Campus and Community Partners in Mental Health Promotion and Suicide Prevention
Jessica Provines, Ph.D., L.P.
- Salon 1 1.2 - If you build it, they will come! Creating a strong coalition foundation in order to recruit and retain members.
Stacy Haines, BA in Communication
- Salon 2 1.3 - A Preview of Beliefs, Attitudes, and Facts: Understanding Addiction
Lydia Fuqua, MA, Ariel Cohn
- Atrium 1.4 - Fentanyl as an emerging concern: Measuring awareness in Kansas youth and young adults with implications and strategies for prevention
Lisa Chaney, MS, Chrissy Mayer
- 12:00 PM** Kansas Prevention Collaborative Award Luncheon
KS Grand Ballroom
- 1:30 PM** Breakout Session Two
- Salons A-C 2.1 - Using data to drive system changes in a county-wide Zero Suicide Initiative: Addressing legal barriers for sharing data.
Dee Kinard, Ph.D., MPH, Erica Molde, LSCSW
- Salon 1 2.2 - Engaging Lived Experience: Examining Policy, Practices, and Programs
Seth Dewey, Candidate BS of Organizational Leadership Fort Hays State University, Engaging PWUD Cert, Foundations of Harm Reduction Cert., Overdose Prevention Cert, Narcan Instructor Training Cert. Megan Gottschalk, Bachelors of Science degree from Fort Hays State University, Candace Davidson, BA in Physical Education with an emphasis in Exercise Physiology, Thomas Simmons

CONFERENCE AGENDA

Salon 2	2.3 - Remarkably Resilient Together: Teaching Regulation and Self-Care to the Community <i>Kathleen McKune, MBA, Tim DeWeese, LMSW</i>
Atrium	2.4 - It's NOT Just Marijuana, Cannabis in Kansas! <i>Eric Burr, Associates of Applied Science, Criminal Justice at Cowley College, Arkansas City KS</i> <i>Dena Kemp, MSW, CPS, OK-CADC</i>
2:30 PM	Self-Care Break (30 minutes) Recharge during this time by visiting the Zen Zone, Sponsor booths, or find other available activities in the conference app.
3:00 PM	Breakout Session Three
Salons A-C	3.1 - Overcoming Addiction and Overdose Together: Lessons Learned from 5 Years of Nationwide Technical Assistance by SAFE Project <i>Dylan Dunn, MS, Tracy Steffek, MPA</i>
Salon 1	3.2 - Emerging Data Trends in Substance Use and Mental Health <i>DJ Gering, MA, Todd Hixson</i>
Salon 2	3.3 - We Are Here To Help: A Guide to Suicide Loss Support Program, Lemon Aid <i>Kate Hardy, Sam McCullough, LMSW-Clinical/LSCSW, CAADC, CCS</i>
Atrium	3.4 - Effective, non-punitive strategies to address youth tobacco purchase, use, and possession in schools and communities. <i>Kari Rinker, MPA, Babalola Faseru, MD, MPH</i>
4:00 PM KS Grand Ballroom	KPC Conference Reception (Ending at 5:30 PM)

FRIDAY, OCTOBER 13, 2023

7:30 AM KS Grand Ballroom	Breakfast
8:30 AM	Breakout Session Four
Salons A-C	4.1 - Leveraging KCTC Student Survey Data Now and Into the Future <i>Rachel Phillips, BSED, Carey Bush, MA</i>
Salon 1	4.2 - Applying the Strategic Prevention Framework to Prevent Prescription Drug Misuse <i>Gayle Donaldson, MBA, Lisa Chaney, MS, Cara Anderson, MPH</i>
Salon 2	4.3 - Spreading HOPE in your Community <i>Vanessa Lohf, LBSW</i>
Atrium	4.4 - Naloxone, Fentanyl Test Strips, and Beyond: Harm Reduction as a Cultural Shift in Kansas <i>Ngoc Vuong, Honors Baccalaureate in Psychology and Public Health, Minor in Economics, Seth Dewey, Candidate BS of Organizational Leadership Fort Hays State University, Engaging PWUD Cert, Foundations of Harm Reduction Cert., Overdose Prevention Cert, Narcan Instructor Training Cert., Thomas Simmons</i>
9:30 AM	Break (15 minutes)

CONFERENCE AGENDA

9:45 AM Breakout Session Five

Salons A-C 5.1 - Substance abuse disorder needs and resources among racial and ethnic communities in Wichita

Amanda Aguila Gonzalez, Ph.D., MPH, Elizabeth Ablah, Ph.D., MPH

Salon 1 5.2 - Trauma Informed Care and Assessing the Needs of the Southeast Kansas Mental Health Center

Meredith Scafe, Ph.D., Doug Wright, Ph.D., Whitney Henley, MA

Salon 2 5.3 - WTF? Uniting Chain Analysis with Safety Planning for Effective Therapeutic Risk Management

Jason Deselms, Ph.D.

Atrium 5.4 - Kansas Overdose and Naloxone Training

Daniel Donovan

10:45 AM Break (30 minutes)

11:15 AM Breakout Session Six

Salons A-C 6.1 - Building Hope in Youth (Hope Squad Cowley County)

**Eric Burr, Associates of Applied Science, Criminal Justice at Cowley College, Arkansas City KS
Kamy Hopper, Kait Pressnall, EDD**

Salon 1 6.2 - Naloxone Vending Machine Best Practices

DJ Gering, MA, Seth Dewey, Candidate BS of Organizational Leadership Fort Hays State University, Engaging PWUD Cert, Foundations of Harm Reduction Cert, Overdose Prevention Cert, Narcan Instructor training Cert.

Salon 2 6.3 - One Care Kansas Programs: Integrating tobacco dependence treatment into care coordination

Johanna Jeyaraj, Dee Kinard, MPH, Ph.D.

Atrium 6.4 - UPDATE ON: Kansas School Suicide Prevention, Intervention & Response, and Postvention Toolkit

Meg Hasselman, LMSW, Trish Backman, BS Psych, MA Sped, MS Curriculum & Instruction, ME Administration

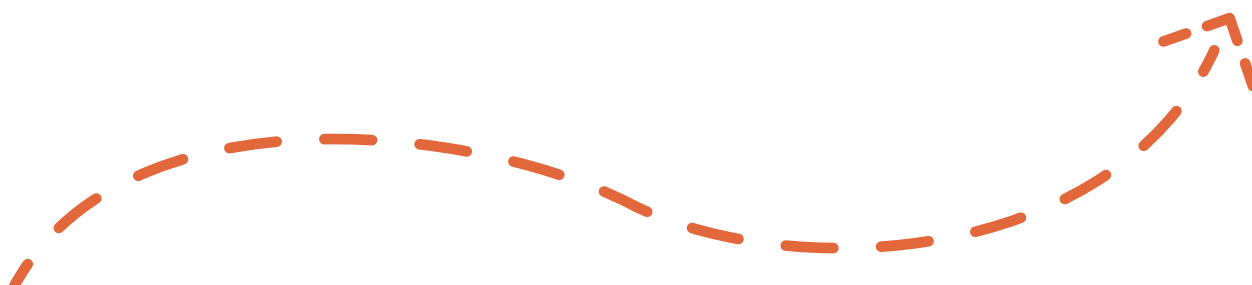
12:00 PM Lunch

KS Grand Ballroom

12:45 PM Closing Keynote - The Intersection of Substance Use and Trauma on the Path to One Kansas
KS Grand Ballroom **Dr. Fred Rottnek, MD, MAHCM**

Closing Remarks (Ending at 2:00 PM)

Stephanie Rhinehart, Prevention Program Manager, Kansas Department for Aging and Disability Services



SESSION IDENTIFIERS KEY

1. BASIC THEORY AND PRACTICE	
2. BUILDING KNOWLEDGE, SKILLS, AND ABILITIES	
3. PREVENTION WORKFORCE DEVELOPMENT	
4. KEEPING CURRENT WITH PREVENTION SCIENCE	
5. BEST PREVENTION PRACTICES	
6. INNOVATIVE PARTNERSHIPS AND CAPACITY BUILDING	
7. RECOMMENDED FOR PREVENTION NEWBIES	

SESSION DESCRIPTIONS

PRE-CONFERENCE

Feeding Two Birds With One Scone: Implementing Community Approaches to Reduce Substance Misuse and Suicide

Lydia Fuqua, MA, Prevention Program Manager, DCCCA, Inc.

Meg Hasselman, LMSW, Program Coordinator, Kansas Suicide Prevention HQ



Substance misuse and suicide share many of the same risk and protective factors, but community-level approaches to prevent these two behavioral health issues often target them separately. During this workshop, we'll explore the concept of shared risk and protective factors and utilize Douglas County prevention initiatives as a case study to explore approaches for preventing both substance misuse and suicide among young people. Participants will then engage in discussion and strategizing to build their own community action plan targeting shared risk and protective factors.

BREAKOUT SESSION ONE

1.1 - Engaging Campus and Community Partners in Mental Health Promotion and Suicide Prevention

Jessica Provines, Ph.D., L.P., Assistant Vice President for Wellness and Chief Psychologist,
Wichita State University



Wichita State University developed the Suspenders4Hope Mental Wellness and Suicide Prevention program to reduce mental health stigma, improve peer support and emotional coping, as well as promote help-seeking behaviors on campus. Since 2020, WSU has been working with community partners toward these goals in an effort to unite education, health care, non-profits, businesses, and faith communities to address the mental health and substance use crisis in our society. Specific strategies to engage these various community partners such as faculty fellows, classroom cards, advocates, training, and community partnerships will be reviewed. For example, an initiative with the Wichita Journalism Collaborative will be highlighted as a model of partnering with local media to reduce stigma and share prevention information with the public.

SESSION DESCRIPTIONS

1.2 - If you build it, they will come! Creating a strong coalition foundation in order to recruit and retain members.

Stacy Haines, BA in Communication, Community Support Specialist, DCCCA, Inc.



Have trouble getting community members to your meetings? Or maybe they attend but they don't engage? Coalition work is challenging, and building capacity within your membership is vital in ensuring success and sustainability. In this session, we will discuss the characteristics of a strong coalition and creating vision and excitement around your purpose. We will also look at common recruitment and retention challenges and what your coalition can do to strengthen membership. And finally, we will look at action-oriented agendas and create a meeting that everyone wants to attend. This will be an interactive session, so come prepared to share and learn with others in the room as well.

1.3 - A Preview of Beliefs, Attitudes, and Facts: Understanding Addiction

Lydia Fuqua, MA, Prevention Program Manager, DCCCA, Inc.

Ariel Cohn, Prevention Specialist, DCCCA, Inc.



As an organization specializing in behavioral health services, DCCCA is often asked about education and training resources to help individuals better understand addiction. While there are educational opportunities that address mental health concerns, such as Mental Health First Aid, we have found a significant gap in educational opportunities related to addiction that openly address the impact on individuals, families, and communities. In 2022, DCCCA redesigned a substance abuse education and awareness workshop entitled Beliefs, Attitudes, and Facts: Understanding Addiction (BAFUA) to address the gap. BAFUA is a two-day, in-person experience that challenges participants to examine their own thoughts, feelings, attitudes, and beliefs on addiction and provides education on how it can impact individuals, families, and communities. Participants are challenged to look at multiple perspectives, consider their own bias related to addiction, and grow in their own understanding of addiction during an interactive experience. Join us to learn more about this new offering, engage in sample exercises from the workshop curriculum, and how it can be implemented in your community.

1.4 - Fentanyl as an emerging concern: Measuring awareness in Kansas youth and young adults with implications and strategies for prevention

Lisa Chaney, MS, Learning Tree Institute at Greenbush

Chrissy Mayer, Chief Community-Based Services Officer, DCCCA, Inc.



Prevention science must be ready to identify and provide prevention and harm reduction to individuals and communities as new drug threats emerge. The Kansas Prevention Collaborative (KPC) moved quickly to identify fentanyl awareness and risk of harm measures appropriate for youth and young adults. Baseline data was collected in 2023 through statewide surveys.

Communities will be provided with reports showing whether youth and young adults have heard about fentanyl, and if they know what it is. For students that indicated awareness, perceived risk of harm from accidental or intentional fentanyl use will also be reported. In addition, young adults were asked if they knew of someone who had taken fentanyl.

County data will be compared to the state average to determine local needs. High-risk communities can plan and implement strategies to increase awareness, knowledge, and perceived risk of harm from fentanyl use. In this presentation, current strategies to address fentanyl and drug overdose will be discussed as well as the state's ability to leverage funds from various sources to include harm reduction methods. The KPC expects to see increased awareness of fentanyl and knowledge of risks, with an ultimate goal to reduce overdose deaths in Kansas.

SESSION DESCRIPTIONS

BREAKOUT SESSION TWO

2.1 - Using data to drive system changes in a county-wide Zero Suicide Initiative: Addressing legal barriers for sharing data.

Dee Kinard, Ph.D., MPH, Senior Analyst, Lawrence-Douglas County Public Health

Erica Molde, LCSW, Zero Suicide Program Coordinator, Kansas Suicide Prevention Headquarters



Douglas County has a county-wide Zero Suicide initiative. KSPHQ provides education and technical assistance to these agencies and has started a County-wide community of practice. Lawrence-Douglas County Public Health has been providing the Zero Suicide healthcare agencies with coroner-generated lists of people who have died of suicide for agency internal Zero Suicide Quality Improvement on clients they served within a year of their death. These healthcare agencies recently completed a line-level data-sharing project with three years of coroner data. The findings of this study suggest that if Zero Suicide were implemented to fidelity in Douglas County, it could potentially prevent as many as 65% of suicides. These findings are used to motivate participating agencies to implement Zero Suicide to fidelity and are a catalyst for starting conversations about how well the elements of Zero Suicide are being implemented and where we need to target interventions. This presentation will share the protocol we used that addressed legal concerns around sharing data and will show how these findings have generated new questions and are driving future prevention efforts.

2.2 - Engaging Lived Experience: Examining Policy, Practices, and Programs

Seth Dewey, Candidate BS of Organizational Leadership Fort Hays State University, Engaging PWUD Cert, Foundations of Harm Reduction Cert, Overdose Prevention Cert, Narcan Instructor training Cert., Health Educator, Reno County Health Department

Megan Gottschalk, Bachelors of Science degree from Fort Hays State University, Assistant Director of Population Health, Reno County Health Department

Candace Davidson, BA in Physical Education with an emphasis in Exercise Physiology, Health Education Supervisor, Reno County Health Department

Thomas Simmons, Candidate Kansas Certified Peer Mentor, Health Educator, Reno County Health Department.



Lived experience has been an essential aspect of the substance use treatment field for many years, utilizing peer mentors and other positions to relate to the person's experience. With the continuing rise of overdose deaths, emerging drug trends, risks associated with use, and the difficulty navigating resources for substance use treatment and support, lived experience is also essential in the public health field. By incorporating the perspectives of individuals with lived experience, public health practitioners can gain an understanding of the various social, economic, and cultural factors that impact health. This results in more targeted and effective health promotion programs, policies, and interventions that address the root causes of health inequalities and help to eliminate health disparities. Together, we will examine the benefits of having individuals with lived experience as staff in the public health arena. Due to the traditional approach of substance use throughout history from a criminal approach rather than a health approach, there have been many barriers, or perceived barriers, to hiring individuals with lived experience as staff. We will look at the work done in Reno County to see that challenging traditional norms helps us review internal policies and effective practices can be adopted, benefiting local health departments and the community.



SESSION DESCRIPTIONS

2.3 - Remarkably Resilient Together: Teaching Regulation and Self-Care to the Community

Kathleen McKune, MBA, CEO, TeamTech, LLC

Tim DeWeese, LMSW, Director, Johnson County Mental Health Center



Please join us for this interactive presentation to learn about Remarkably Resilient Together, a community and organizational campaign to raise awareness about the importance of regulation and self-care to strengthen resilience while practicing grounding techniques and identifying important self-care activities. Our presentation will address ACEs, the Pair of ACEs, Empathy-based trauma, chronic stress, and trauma, as well as the root cause nature of trauma. This workshop is appropriate for those looking for ways to support staff, clients, and the community in strengthening resilience. This campaign was developed in accordance with the neuroscience of trauma, utilizes the evidence-based practice of interactive journaling and self-reflection, and is grounded in the lived experience of the Harnish sisters, authors of the book Remarkably Resilient: Community Matters.

2.4 - It's NOT Just Marijuana, Cannabis in Kansas!

Eric Burr, Associates of Applied Science, Criminal Justice at Cowley College, Arkansas City KS, Kansas Law

Enforcement Training Center, Yoder, Kansas, Certified Public Manager, Kansas University Public Management Center, Chief of Police, Arkansas City Police Department

Dena Kemp, MSW, CPS, OK-CADC, Certified Community Support Specialist, DCCCA, INC.



Other states in the United States are experiencing an increase in cannabis use and the devastating effects on our children, youth, families, and communities because of the legislation that has passed in their states. This workshop will discuss "What is Marijuana?" and the importance of recognizing the changes due to the high potency, easy access, and consumption of THC products. The current trends in other states with legalization, whether medicinal or recreational, will be reviewed as well as what law enforcement and youth are currently reporting surrounding cannabis use in Kansas. What Kansas needs to know prior to the possibility of legalization. The importance of creating educational materials for advocacy in Kansas. What should be included for the safety and protection of our citizens, especially our youth. Finally, discussion surrounding evidenced-based prevention strategies both environmental and programmatic will be reviewed as well as positive community norms media strategies. This will be an interactive workshop with an open discussion surrounding cannabis and the lessons learned that need to be shared. Each participant will be challenged to create their own "Call to Action" surrounding Cannabis for the safety of our children and youth.

BREAKOUT SESSION THREE

3.1 - Overcoming Addiction and Overdose Together: Lessons Learned from 5 Years of Nationwide Technical Assistance by SAFE Project

Dylan Dunn, MS, Assistant Director of SAFE Campuses, SAFE Project

Tracy Steffek, MPA, Senior Director of SAFE Communities, SAFE Project



Since 2018, SAFE Project (Stop the Addiction Fatality Epidemic) has provided technical assistance across the nation, engaging an incredible diversity of stakeholders with a shared mission to contribute in a tangible way to overcoming the addiction epidemic. In this session, presenters will share the core lessons that they have learned along the way: What seems to work when it comes to making systemic change around addiction? How do we effectively collaborate across the continuum of care? How do we, with complex coalitions, or across many unique settings, remain dedicated to empowering innovative solutions to the desperate substance use and mental health challenges that we face as a nation? Participants in this session will brainstorm ways these lessons show up in their own work and be provided with opportunities and resources to support their continued progress.

SESSION DESCRIPTIONS

3.2 - Emerging Data Trends in Substance Use and Mental Health

DJ Gering, MA, Public Health Analyst, CDC Foundation

Todd Hixson, Drug Intelligence Officer, Midwest HIDTA



In 2022, 10,993 suspected overdoses were logged in the Overdose Detection Mapping Application Program (ODMAP) and there were 7,884 suspected overdose visits reported by hospital emergency departments (ED). Of the hospital overdose ED visits, 23% were labeled as a suicide attempt and 30% mentioned mental health issues, such as depression, anxiety, and suicidal ideation. This presentation will show 1) A breakdown of the overdose and mental health trends in the state of Kansas and demonstrate disparities by geographic region, sex, age, and race. 2) The Midwest HIDTA Threat Assessment results and methods used to traffic illicit substances into Kansas communities. 3) Tools created by the Kansas Overdose Response Strategy (ORS) team to help local communities build action plans to reduce overdose and suicide fatalities in Kansas.

3.3 - We Are Here To Help: A Guide to Suicide Loss Support Program, Lemon Aid

Kate Hardy, Executive Director, Six Feet Over

Sam McCullough, LMSW-Clinical/LSCSW, CAADC, CCS, Lemon Aid Program Coordinator, Six Feet Over



Individuals who have experienced loss through suicide suffer from a variety of traumas, leaving them at an increased risk of acting on suicidal thoughts themselves. Even in light of the research, the continuum of care and support is often limited, failing to meet their needs immediately following—and as they settle into life after—their loss. This talk will explore beyond traditional methods of support, into an oft-neglected area of post-care and postvention. Six Feet Over has focused on more novel approaches including financial assistance, helping mitigate the costs associated with the unexpected loss of a loved one; a concierge approach to finding tailored, relevant, and accessible resources; and on helping survivors understand mental healthcare jargon, reinforcing their self-efficacy and enabling them to further find and navigate resources through the Lemon Aid Program. Demonstrating the positive effects of using such novel approaches to reach and address the unmet needs of survivors. Lemon Aid's objective in post-care and postvention is not to usher communities into status quo activities, but instead, giving survivors the ability to see outside of their immediate needs, relieving them of the most pressing concerns, and subsequently walking alongside them as they navigate their journey of grieving.

3.4 - Effective, Non-Punitive Strategies to Address Youth Tobacco Purchase, Use, and Possession in Schools and Communities.

Kari Rinker, MPA, Government Relations Director, American Heart Association

Babalola Faseru, MD, MPH, Professor and Director, KU Tobacco Treatment Education Program



The high prevalence of vaping among Kansas adolescents calls for urgent interventions. Traditional punitive measures like fines and disciplinary actions have proven ineffective, leading to negative consequences. Comprehensive prevention programs with education, counseling, and community engagement offer more effective solutions to address the complex issue of adolescent tobacco use. Our presentation will share strategies that shift from punitive approaches being taken by Kansas schools and local law enforcement. Project ECHO (Extension for Community Health Outcomes), along with the advocacy campaigns of Tobacco Free Kansas Coalition are equipping and empowering schools and communities by providing education, awareness, prevention strategies, and policy changes in schools, as well as within local and state government.

SESSION DESCRIPTIONS

BREAKOUT SESSION FOUR

4.1 - Leveraging KCTC Student Survey Data Now and Into the Future

Rachel Phillips, BSED, Project Manager, Greenbush - The Education Service Center

Carey Bush, MA, Program Evaluator II, Greenbush - The Education Service Center



Student perception data is gathered annually from 6th, 8th, 10th, and 12th graders through the Kansas Communities That Care (KCTC) Student Survey, asking questions about topics like substance use, school climate, bullying, depression & suicide. This session will highlight trends and insights from 2023 data and orient participants to their local results. Join this session to learn more about how KCTC Student Survey results can inform community strategies and provide access to relevant and meaningful data on student perceptions in the community.

4.2 - Applying the Strategic Prevention Framework to Prevent Prescription Drug Misuse

Gayle Donaldson, MBA, Assistant Director, Kansas Board of Pharmacy

Lisa Chaney, MS, Statistical Analyst, Learning Tree Institute at Greenbush

Cara Anderson, MPH, Program Coordinator, DCCCA, Inc.



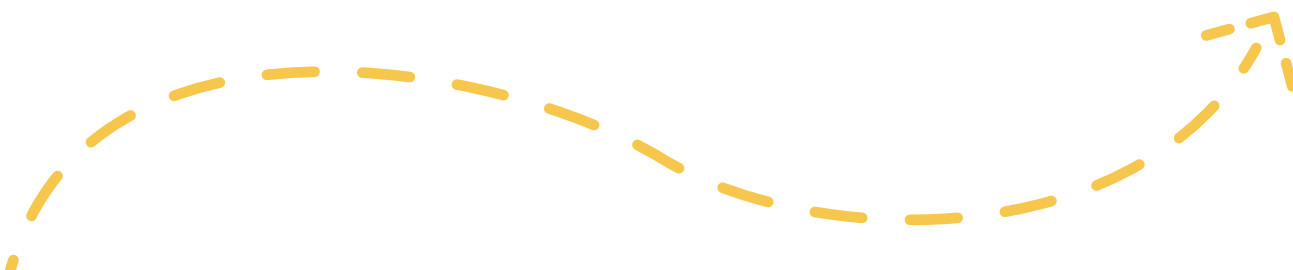
Prescription drug misuse remains an ongoing threat to public health even in the age of illicit fentanyl. Particularly at risk are youth and young adults. Kansas is actively working to curb misuse through prevention efforts. Join DCCCA, Greenbush, and the Kansas Board of Pharmacy to learn about the prevalence of prescription drug misuse, availability, and perception of risk of harm from misuse. Participants will learn about statewide prevention strategies and how to adapt them for local coalition use. The presenters will discuss how to leverage existing data sources to inform community priorities, outline options for safe medication storage and disposal, and identify effective strategies such as media campaigns and prescriber outreach tools. Process and outcome measures from these strategies will be shared. Participants will also learn about the state's strategic plan and how they can become involved in the Kansas Prescription Drug and Opioid Advisory Committee.

4.3 - Spreading HOPE in Your Community

Vanessa Lohf, LBSW, Program Specialist, Wichita State University



Positive experiences can ease toxic stress and help children and youth grow into more resilient, healthier adults. HOPE identifies ways that our community and systems of care can better ensure more positive experiences for people of all ages and that individuals and families have the support to nurture and celebrate their strengths. In this interactive session, you'll learn more about the Four Building Blocks of HOPE and the science behind the framework and identify ways to incorporate HOPE into your everyday work.



SESSION DESCRIPTIONS

4.4 - Naloxone, Fentanyl Test Strips, and Beyond: Harm Reduction as a Cultural Shift in Kansas

Ngoc Vuong, Honors Baccalaureate in Psychology and Public Health, Minor in Economics, Community Psychology Ph.D. Student, Wichita State University

Seth Dewey, Candidate BS of Organizational Leadership Fort Hays State University, Engaging PWUD Cert, Foundations of Harm Reduction Cert, Overdose Prevention Cert, Narcan Instructor training Cert., Co-founder, Kansas Recovery Network

Thomas Simmons, Candidate Kansas Certified Peer Mentor, Health Educator, Reno County Health Department



Harm reduction can be understood as a set of evidence-based strategies to mitigate substance-related harms. However, harm reduction can also be understood as grassroots activism in (1) supporting the health, safety, and well-being of; (2) protecting the personhood and rights of; and (3) addressing the social injustices and stigma against people who use drugs. In this interactive presentation, we provide an overarching narrative on how grassroots harm reduction efforts across Kansas have positively impacted the lives of people who use drugs, people with lived experiences of substance-related harms, and the broader communities they reside in. More specifically, we discuss how through the implementation of our harm reduction strategies, we have helped catalyze a culture shift on attitudes toward harm reduction, substance use, and people who use(d) drugs. We also provide practical guidance on how communities in Kansas can start street-based naloxone and fentanyl test strip programs in a way that, above all, centers the perspective, expertise, and leadership of people who use drugs, people in recovery, and people who have lost loved ones to substance-related harms. We close with helping our attendees understand each others' hopes and dreams in their communities and the State of Kansas embodying harm reduction.

BREAKOUT SESSION FIVE

5.1 - Substance abuse disorder needs and resources among racial and ethnic communities in Wichita

Amanda Aguila Gonzalez, Ph.D., MPH, Project & Evaluation Lead, University of Kansas School of Medicine

Elizabeth Ablah, Ph.D., MPH, Professor, University of Kansas School of Medicine-Wichita



Over a 10-year period (2012-2021), there were 1,023 drug poisoning deaths in Sedgwick County, with drug overdose as a contributing cause of death for an average of 20.68 deaths per 100,000 persons. The COVID-19 pandemic not only impacted the physical health of communities but also exacerbated issues that were disproportionately impacting racial and ethnic communities, such as mental health and substance abuse disorder. Facts Not Fear ICT is a community-based project working to engage racial and ethnic communities in Wichita to identify direct and indirect impacts of the COVID-19 pandemic to improve health outcomes for these communities. Through community-based efforts to advance health literacy and improve health outcomes, community members shared a need to address problems associated with substance abuse disorder in Wichita. To better understand what resources and supports are required, how services and needs may differ by community group, and what interventions and treatments are needed, Facts Not Fear ICT conducted semi-structured qualitative interviews with community members who identified as a member of the four priority communities. As part of the community-based participatory framework, Facts Not Fear ICT will work with communities to engage them in the development, implementation, and evaluation of evidence-based strategies supporting individuals with substance abuse disorder.

SESSION DESCRIPTIONS

5.2 - Trauma-Informed Care and Assessing the Needs of the Southeast Kansas Mental Health Center

Meredith Scafe, Ph.D., Post Doctoral Fellow, The University of Kansas Medical Center

Doug Wright, Ph.D., Chief Operating Officer, Southeast Kansas Mental Health Center

Whitney Henley, MA, Research Analyst, The University of Kansas Medical Center



Numerous studies have linked Adverse Childhood Experiences (ACES) with negative mental and physical health outcomes (Petrucelli et al., 2019), with approximately 50% of adults reporting they have experienced at least one traumatic event during childhood (Felitti et al., 1998). The high rate of trauma exposure has led many health systems to implement trauma-informed practices to identify and prevent the negative downstream consequences of trauma. Indeed, studies consistently show implementing trauma-informed care practices improves patient, provider, and organizational outcomes (see Mahon, 2022 for review). Our team collaborated with The Southeast Kansas Mental Health Center to complete the Trauma-Informed Care Organizational Assessment, which was created by the National Child Traumatic Stress Network to help organizations assess their current practices in the context of serving clients who've experienced trauma. Our presentation will review aspects of trauma-informed care in the context of our work with the Southeast Kansas Mental Health Center. We will present data from the needs assessment and discuss how the Southeast Kansas Mental Health Center has used this information to inform their clinical services.

5.3 - WTF? Uniting Chain Analysis with Safety Planning for Effective Therapeutic Risk Management

Jason Deselms, Ph.D., licensed Clinical Psychologist, US Army Reserve- 1908th Medical Detachment (COSC)



Suicide is a multifaceted phenomenon that does not lend itself easily to being studied or understood. The field of suicidology has grown over the last two decades, both in our understanding and efforts to prevent this complicated behavior. As best practices are identified, professionals are increasingly questioning how it all fits together. Perhaps the question we need to be asking is a simpler one: WTF? It is my assertion that the WTF, or more simply, "what's the function" may help guide and organize our interventions and tools to help intervene with those at the highest risk for death by suicide. Chain analysis is a technique designed to help an individual understand the function of a particular behavior. It is a critical strategy for therapeutic risk management of suicidal ideation and behavior, particularly when applied in the context of safety planning. Despite its importance, chain analysis has not been widely disseminated as a strategy in the prevention of suicide. This presentation will provide participants tools for executing chain analysis, and constructing new strategies for intervening on suicidal ideation and behavior thereby improving the quality of safety plans developed. Participants will learn how to identify the factors sustaining suicidal ideation and behavior. It will include interactive practical applications of these strategies with high-risk individuals and illustrated with case examples.

5.4 - Kansas Overdose and Naloxone Training

Daniel Donovan, Prevention Specialist, DCCCA, Inc.



Drug overdose is the leading cause of injury and death in the United States. Opioids account for around 69% of those fatalities. To be better prepared to identify and respond to opioid overdoses, naloxone is a necessary element of harm reduction for combatting the overdose epidemic. Learn how to identify stimulant and opioid overdoses, how to properly respond to opioid overdoses with naloxone, and how to acquire naloxone in the state of Kansas.

SESSION DESCRIPTIONS

BREAKOUT SESSION SIX

6.1 - Building Hope in Youth (Hope Squad Cowley County)

Eric Burr, Associates of Applied Science, Criminal Justice at Cowley College, Arkansas City KS, Kansas Law Enforcement Training Center, Yoder, Kansas, Certified Public Manager, Kansas University Public Management Center, Chief of Police, Arkansas City Police Department

Kamy Hopper, LMSW, Social Worker, USD 465 (Winfield Public Schools)

Kait Pressnall, EDD, Principal, USD 465 (Winfield Public Schools)



Seven out of ten young people having thoughts of suicide will tell a friend. What that friend does next could save a life. Hope Squad is a peer support program that empowers people to take action to prevent suicide through a partnership with their local mental health agency. Nominated by peers, Hope Squad members serve as the eyes and ears of the organization and report who seems to be struggling or at risk for suicide. Hope Squads will train students and staff in schools to recognize suicide warning signs and act upon those warnings to break the code of silence as well as to identify adolescents with undetected, untreated, or emerging mental disorders. Hope Squads will build positive relationships among peers and faculty to facilitate acceptance for students seeking help and strong relationships with mental health agencies and communities. Hope Squads will work to change the school culture by reducing stigmas about suicide and mental health. During the Fall of 2022, three school systems in Cowley County decided to take a stand and created Hope Squads after the county had an increase in suicide. In the Fall of 2023, all other school districts in Cowley County plan to follow. Attend this session to learn more about Hope Squads and the positive impact they have on schools, communities, and any organization where people gather.

6.2 - Naloxone Vending Machine Best Practices

DJ Gering, MA, Public Health Analyst, CDC Foundation

Seth Dewey, Candidate BS of Organizational Leadership Fort Hays State University, Engaging PWUD Cert, Foundations of Harm Reduction Cert, Overdose Prevention Cert, Narcan Instructor training Cert., Substance Use Health Educator, Reno County Health Department & Kansas Recovery Network



With naloxone becoming available over the counter in 2023, interest is growing in utilizing naloxone vending machines to provide a stigma-free way to improve access to the lifesaving opioid overdose reversal medication. While the concept is new in Kansas, cities around the United States have incorporated naloxone vending machine strategies for several years. This presentation will provide best practices and insights from existing vending machine strategies in U.S. cities, such as Las Vegas, Cincinnati, Philadelphia, New York, and Chicago. The presentation will highlight the importance of incorporating all aspects of harm reduction in naloxone vending machine programs and how to identify the best locations in your community to place these machines.

SESSION DESCRIPTIONS

6.3 - One Care Kansas Programs: Integrating tobacco dependence treatment into care coordination

Johanna Jeyaraj, Medical Student, KUMC

Dee Kinard, MPH, Ph.D., Senior Analyst, Lawrence-Douglas County Public Health



One Care Kansas (OCK) programs provide care coordination for Medicaid members with persistent mental illness or chronic health conditions. The smoking prevalence in the OCK population doubles that of the general Kansas population. Medicaid provides good coverage for evidenced-based tobacco dependence treatment, but benefits are underutilized. Through the Health Action Plan (HAP), members are screened for tobacco use and can choose to include tobacco health goals. This study surveyed OCK programs with over 25 tobacco-using clients to determine how evidenced-based tobacco dependence treatment was provided. Findings suggest that about 34% of tobacco users received tobacco dependence counseling and about 15% received a prescription for quit smoking medications. Barriers to implementing evidence-based treatment include insufficient tobacco treatment training for staff, lack of onsite individual or group counseling sessions, lack of onsite prescriptions for quit smoking medications, and policies that limit tobacco users based on readiness to quit. Recommendations include 1) developing care pathways for all tobacco users regardless of readiness to quit, 2) ensuring tobacco-free agencies, 3) helping staff members quit tobacco, 4) referring to onsite providers for counseling and medications, and 5) having KDHE provide feedback on tobacco treatment by analyzing Medicaid reimbursement data and Quitline data.

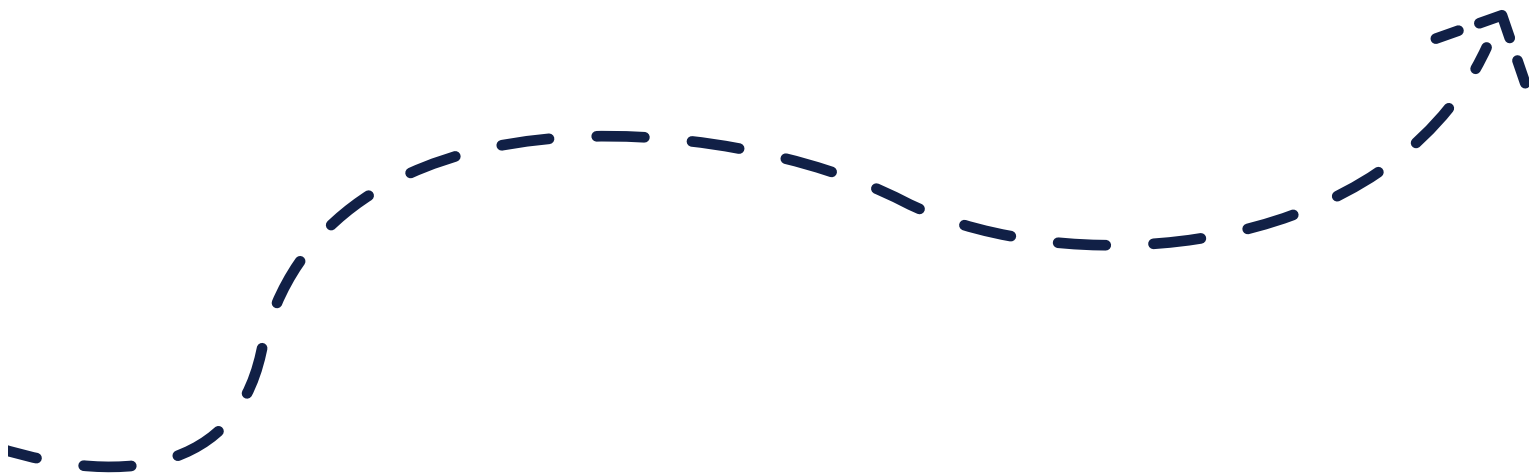
6.4 - UPDATE ON: Kansas School Suicide Prevention, Intervention & Response, and Postvention Toolkit

Meg Hasselman, LMSW, Program Coordinator, Kansas Suicide Prevention HQ

Trish Backman, BS Psych, MA Sped, MS Curriculum & Instruction, ME Administration, School Mental Health Coordinator, Kansas State Department of Education (KSDE)



This KSDE guidance document on suicide prevention was originally written in 2016 in response to the Jason Flatt Act. In 2023, after new legislation was passed, a collaborative group of educators, suicide prevention experts, school mental health professionals, and state partners came together to update this guidance. The purpose of the document is to equip every local district in Kansas with the tools to effectively meet the needs of the students in their communities when suicide concerns or crises arise. This presentation will review these updates, encourage collaboration between schools and community partners, and emphasize evidence-based and data-driven decision-making.



CONFERENCE INFORMATION

CONFERENCE OBJECTIVES

The Kansas Prevention Conference provides educational opportunities to increase awareness of emerging trends, build skills and knowledge to prevent suicide, alcohol, tobacco, and other drug misuses, and advocate for best practices:

1. Participants in the Kansas Prevention Conference will increase their knowledge and awareness related to the prevention of suicide and alcohol, tobacco, and other drug misuse.
2. Participants in the Kansas Prevention Conference will increase their connection or reach through educational opportunities and networking.
3. Participants in the Kansas Prevention Conference will increase their knowledge of ways to connect with their community and others to advocate for best practices in prevention.
4. Participants in the Kansas Prevention Conference will increase their knowledge about prevention activities currently underway in Kansas.

GENERAL CONFERENCE REGISTRATION

The fee to attend the General Conference (October 12-13, 2023) is as follows:

- **Early Bird Registration: \$150**
(Received by September 20, 2023)
- **Late Registration: \$175**
(After September 20, 2023)

The fee to attend the Pre-Conference (October 11, 2023) is as follows:

- **Pre-Conference Fee: \$50**

CANCELLATIONS AND REFUNDS

All cancellations must be in writing.

A 15% cancellation fee will be assessed on all cancellations (this includes purchase orders and unpaid registrations). There will be no refunds after **September 27, 2023.**

NOTICE OF NON-DISCRIMINATION

Wichita State University does not discriminate in its programs and activities based on race, religion, color, national origin, gender, age, sexual orientation, gender identity, gender expression, marital status, political affiliation, status as a veteran, genetic information, or disability. The following person has been designated to handle inquiries regarding non-discrimination policies: Executive Director, Office of Equal Employment Opportunity, Wichita State University, 1845 Fairmount, Wichita KS 67260-0138; telephone (316) 978-3186

SPECIAL ACCOMMODATIONS

Wichita State University is committed to making programs accessible to people with disabilities. If you wish to volunteer information regarding any special assistance you may need, please contact the Office of University Conferences at (316) 978-6493.

RIGHT OF TERMINATION FOR CAUSE

This agreement and the University's obligations hereunder regarding this conference and the presentation of any or all associated sessions and optional entertainment events are subject to acts of God, war, terrorism, government regulations, disaster, fire, strikes, civil disorder, curtailment of transportation facilities, or other similar cause beyond the control of the parties making it inadvisable, illegal, or impossible to hold the event or provide the facility. If the conference or any associated event is canceled due to one of the aforementioned occurrences, the liability of the University shall be limited to refunding the conference registration fee or a portion thereof. The University shall not be responsible for consequential damages, including, but not limited to, any losses incurred by registrants including, but not limited to, airline cancellation charges, hotel deposits, and other associated travel costs.

CONTINUING EDUCATION

Nursing - Wichita State University College of Health Professions is approved as a provider of continuing nursing education by the Kansas State Board of Nursing. This course offering has been pending approval for contact hours applicable for RN, LPN, or LMHT re-licensure. Kansas State Board of Nursing provider number: LT 0090-0327. These course offerings are pending approval.

Social Work - Wichita State University School of Social Work is approved as a provider of continuing social work education by the BSRB. This program is pending approval by the Kansas Behavioral Sciences Regulatory Board for continuing education for social workers. These course offerings are pending approval.