

SIX FEET OVER

WE ARE HERE TO HELP: A GUIDE
TO SUICIDE LOSS SUPPORT
PROGRAM, LEMON AID

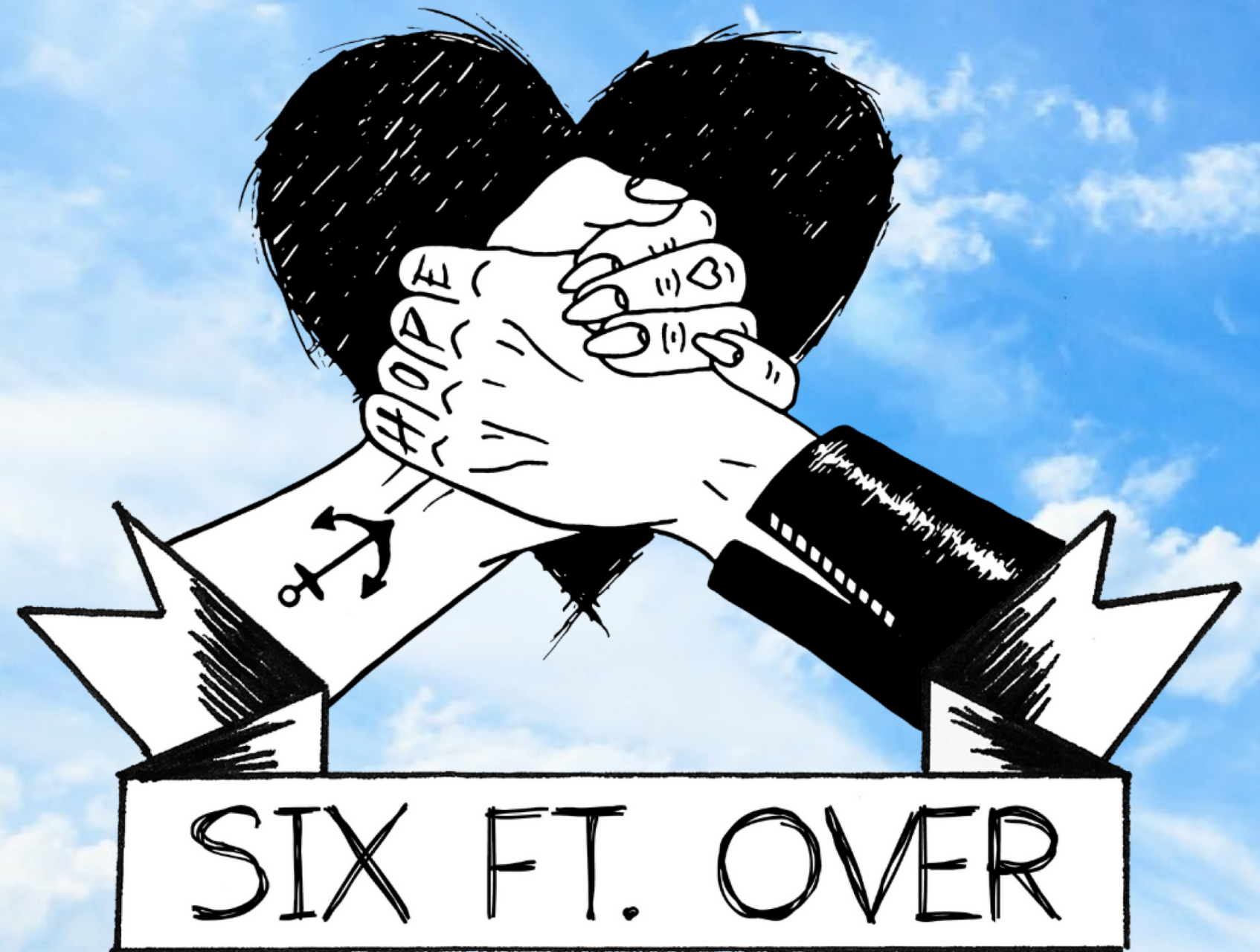
KATE HARDY—

FOUNDER, EXECUTIVE DIRECTOR

SAM McCULLOUGH, LSCSW,

CAADC, CCS—

LEMON AID PROGRAM COORDINATOR



SOMEBODY SHOULD
DO SOMETHING...

HOW IT STARTED: OUR GENESIS STORY





A: BEDAZZLED BLAZER ENTHUSIAST

B: FREAKIN' ADORABLE

C: A SURVIVOR OF WHAT CAN ONLY BE
DESCRIBED AS A CHARACTER BUILDING
EXERCISE OF A CHILDHOOD

D: ALL OF THE ABOVE

KATHY SIMPSON

2003



JASON LOCKWOOD

2012



AUGUST 8
2003



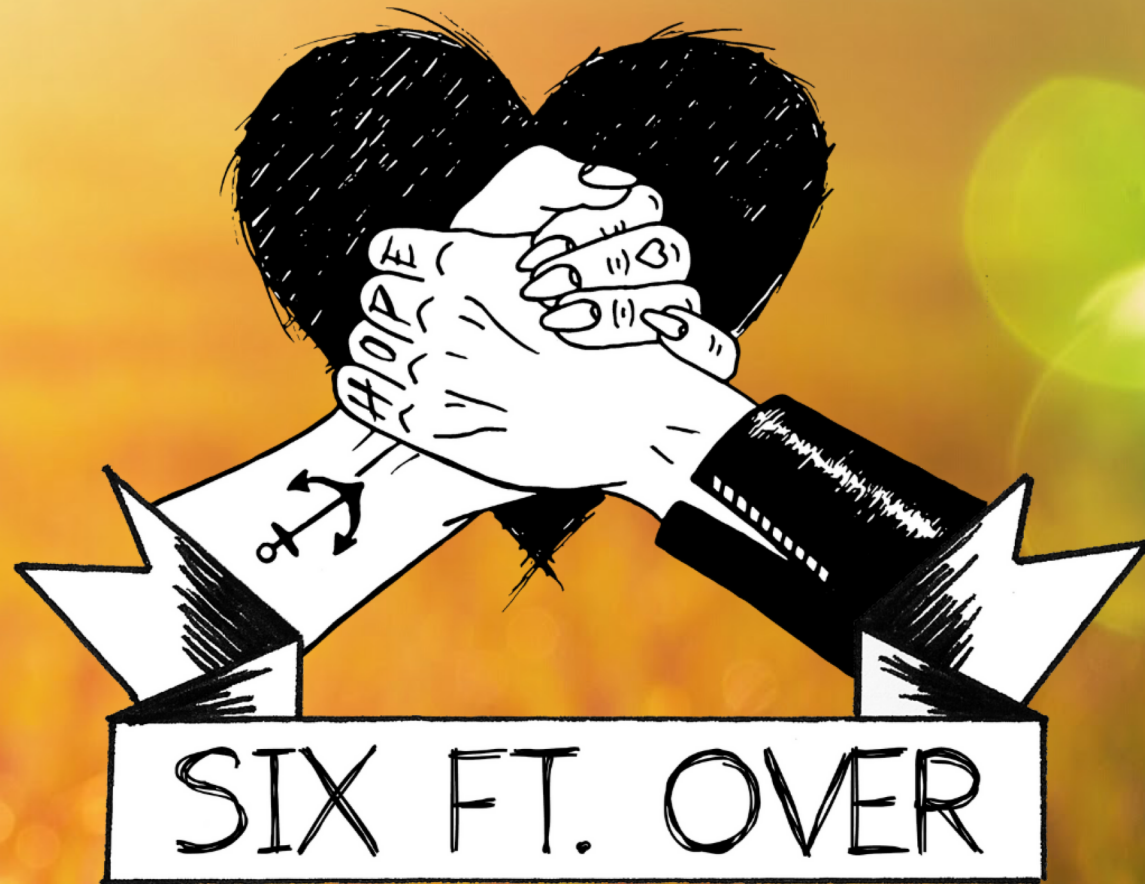


NOVEMBER 15
2012



WHAT WE DO:

- NOVEL LOSS SURVIVOR POSTVENTION
- REACH THE NICHE OUTREACH
- CONSULTING
- TALKS AND PRESENTATIONS





“ POSTVENTION ”

AN ORGANIZED RESPONSE IN THE AFTERMATH OF A SUICIDE TO ACCOMPLISH ANY ONE OR MORE OF THE FOLLOWING:

- TO FACILITATE THE HEALING OF INDIVIDUALS FROM THE GRIEF AND DISTRESS OF SUICIDE LOSS
- TO MITIGATE OTHER NEGATIVE EFFECTS OF EXPOSURE TO SUICIDE
- TO PREVENT SUICIDE AMONG PEOPLE WHO ARE AT HIGH RISK AFTER EXPOSURE TO SUICIDE

(SUICIDE PREVENTION RESOURCE CENTER, N.D.)





- HISTORICALLY STATED AS 6 PERSONS IMPACTED FOR EVERY SUICIDE LOSS
 - NEWER STUDY ESTIMATES 135 IMPACTED PERSONS FOR EVERY SUICIDE LOSS
- SUICIDE EXPOSURE ON A CONTINUUM
 - EXPOSED – A PERSON WHO KNEW OR IDENTIFIED WITH THE PERSON WHO DIED BY SUICIDE
 - AFFECTED
 - BEREAVED
- KIN VS NON-KIN EXPOSURE – WIDEN THE SCOPE FOR ASSESSMENT AND INTERVENTION

(CEREL ET AL., 2019; MAPLE ET AL., 2019)



I LOST A CLIENT TO
SUICIDE LAST WEEK.

Suicide Loss Survivor:

A PERSON WHO HAS LOST
SOMEONE TO SUICIDE.



How to Talk About It



The Do's

- LET THEM TALK
 - VALIDATE FEELINGS
 - USE THEIR PERSON'S
NAME
 - ASK WHAT THEIR
FAVORITE MEMORY OR
STORY IS
-



The Don'ts:

- COMMIT TO NO COMMIT
 - YOUR BELIEFS
 - AVOIDANCE
 - GRIEF EXPIRATIONS
 - ASKING HOW
 - THE 'ONE' THING
-



NOVEL LOSS SURVIVOR POSTVENTION

- CONCIERGE LOSS
SURVIVOR SUPPORT
- COST OF DEATH
FUNDING





CONCIERGE LOSS SURVIVOR SUPPORT



EMOTIONAL SUPPORT

- THROUGH ZOOM, CALLS, TEXT, EMAIL
- CARE PACKAGES AND CARDS

RESOURCE SUPPORT

- WARM HAND-OFF (IF POSSIBLE)
- MENTAL HEALTH/SURVIVOR SUPPORTS
- MASLOW'S PYRAMID BASED



COST OF DEATH FUNDING



SOME SERVICES WE COVER

- FUNERALS
- GRANITE MEMORIALS/HEADSTONES
- URNS/CASKETS
- BIOHAZARD REMEDIATION

ADDITIONAL FUNDING

- UNPAID TIME OFF WORK
- SOME BASIC IMMEDIATE NEEDS

WE CAN ALSO HELP FIND AND WORK WITH SERVICE PROVIDERS

THE
WHO,
THE
WHAT &

THE...

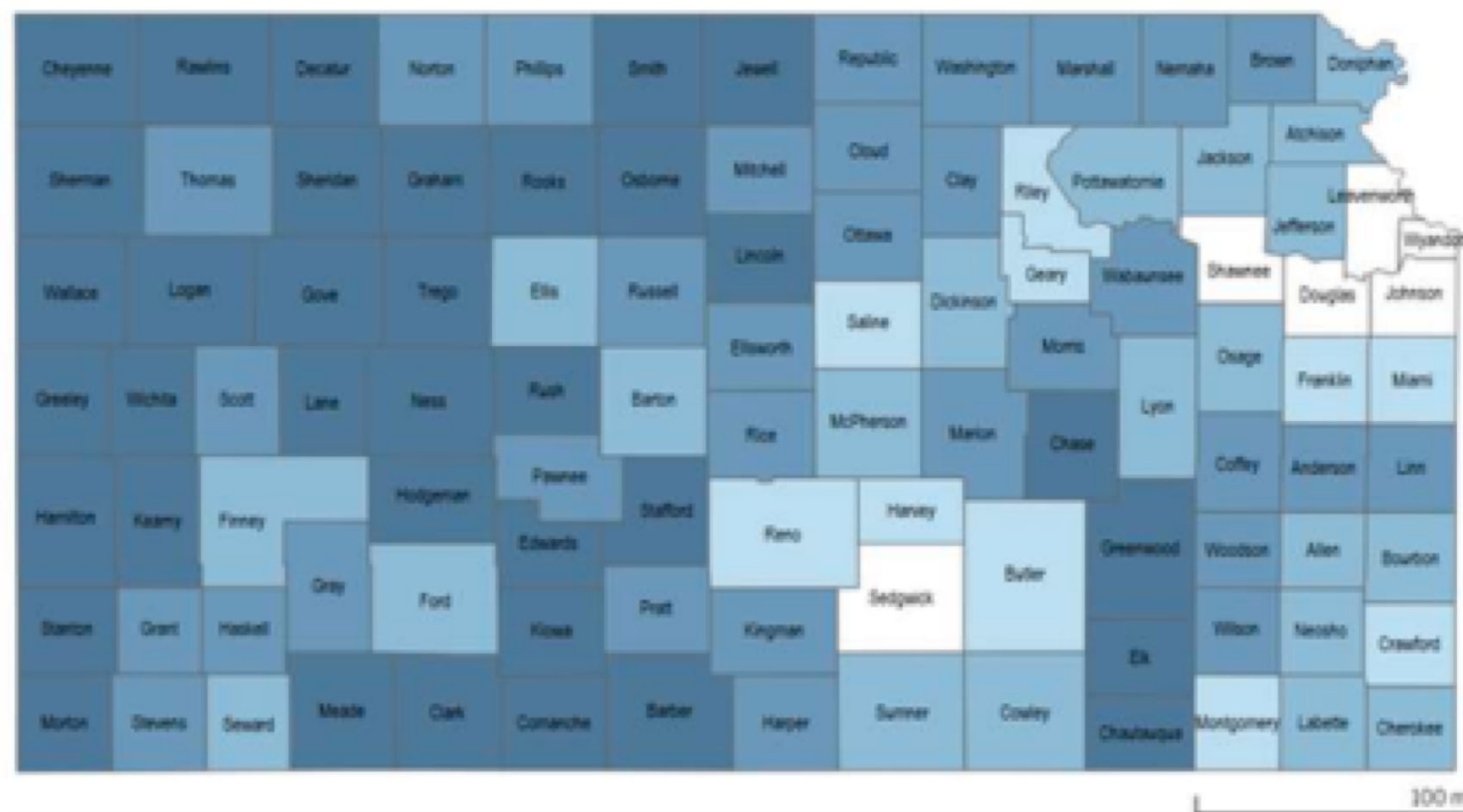


WHY IS THIS IMPORTANT TO YOU?



Geography

Figure 18. Age-Adjusted Suicide Rate by County Population Density, 2015-2018



Suicide Rate per 100,000 Residents by Peer County Groups

Urban: 19.7	Rural: 24.0
Semi-Urban: 21.1	Frontier: 33.9
Densely-settled rural: 20.7	

Table 2. Suicide Death Rate by Population Density, 2015-2018

Peer County Group ¹	Number of Deaths (N=2088)	Age-Adjusted Suicide Rate ² (95% CI)
Frontier	123	33.1 (26.8, 39.4)
Rural	193	25.0 (21.3, 28.7)
Densely-Settled Rural	321	20.7 (18.4, 23.0)
Semi-Urban	328	21.1 (18.8, 23.5)
Urban	1123	19.8 (18.6, 21.0)

¹Residence counties used for rate calculations. Peer counties grouped by persons per square mile: frontier <6.0, rural 6.0-19.9, densely-settled rural 20.0-39.9, semi-urban 40.0-149.9, and urban ≥150.0

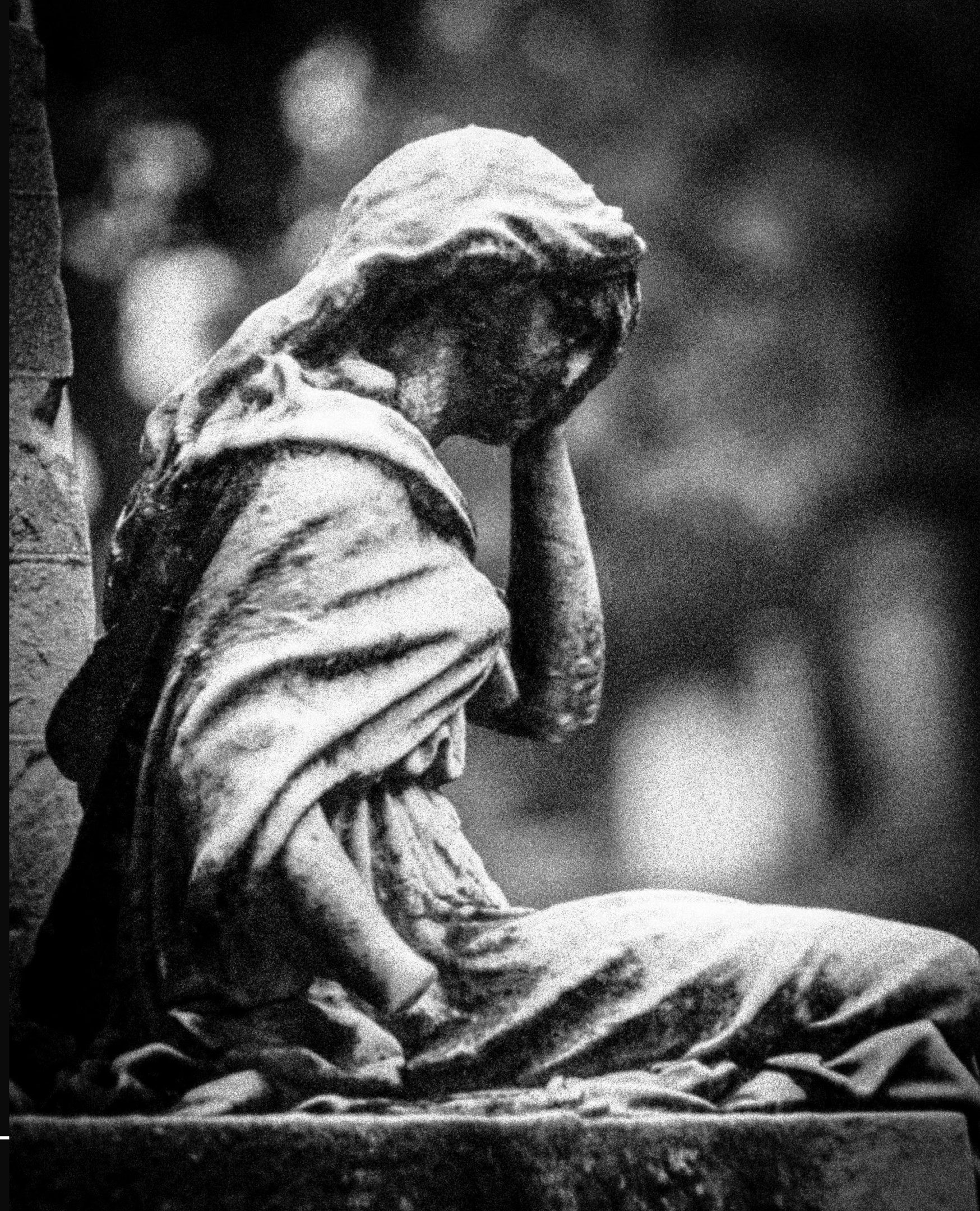
²Per 100,000 Kansas Residents

Data Source: Kansas Violent Death Reporting System

APPLICANT REQUIREMENTS:

- RESIDENTS OF THE FUNDED AREA, OR THEIR PERSON WAS A RESIDENT OF THE FUNDED AREA
 - EXPERIENCED LOSS WITHIN THE LAST 12 MONTHS
- APPLICANT MUST BE THE NEXT OF KIN, OR A THIRD PARTY AND/OR ORGANIZATION ASSISTING THE NEXT OF KIN WITH THEIR EXPLICIT CONSENT
 - DEATH MUST BE DESIGNATED AS SUICIDE ON THE DEATH CERTIFICATE, LIKELY TO BE DETERMINED SO, OR HAVE EVIDENCE THAT IT WAS LIKELY A SUICIDE TO BEGIN THE APPLICATION PROCESS





SERVICES ELIGIBLE FOR FUNDING

FUNERAL AND MEMORIAL SERVICES



EXAMPLES OF COVERED SERVICES:

- BODY TRANSFER TRANSPORTATION
- PREPARATION OF THE BODY
- CREMATION
- USE OF FACILITIES, STAFF AND EQUIPMENT
- CASKET COACH
- VISITATION/VIEWING
- FUNERAL CEREMONY
- MEMORIAL SERVICES



FINAL ARRANGEMENTS

WE COVER A VARIETY OF RESTING PLACES
AND INTERMENT OPTIONS.

- CASKETS AND URNS
- OUTER BURIAL CONTAINER
- BURIAL PLOT OR MAUSOLEUM NICHE
- ALTERNATIVE CREMATED REMAINS SOLUTIONS
 - IE: JEWELRY, IF NOT NEEDING AN URN OR NICHE

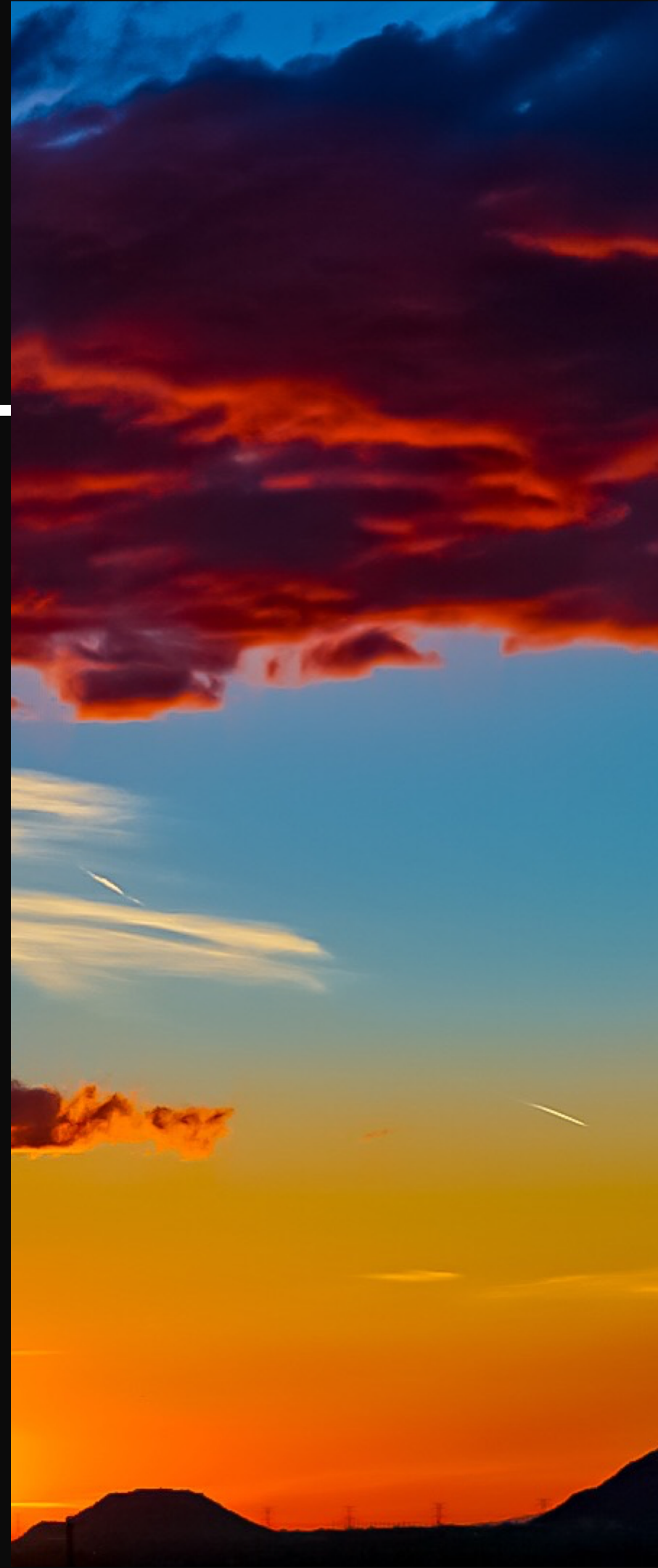


MERCHANDISE AND DOCUMENTS

WE TRY TO REMEMBER THE
DETAILS IN MAKING THE HEALING
AND GRIEVING PROCESS A
MEMORABLE ONE THAT AFFORDS
THEM THE SOLID MEMORIES
THAT INSTILL DIGNITY AND
ALLOW FOR LATER REFLECTION.

BECAUSE OF THIS, WE TRY TO MAKE
SURE WE INCLUDE THESE AS MUCH
AS POSSIBLE.

- DEATH CERTIFICATE COPIES
- PRAYER CARDS/MEMORIAL
CARDS
- VISITOR REGISTRY
- OBITUARY FEES



A close-up photograph of a red metal padlock with a heart-shaped cutout in the center. The padlock is hanging from a thick, braided rope. The background is a blurred, light blue sky.

ADDITIONAL SERVICES

- BIOHAZARD REMEDIATION
- UNPAID TIME OFF OF WORK
- BASIC IMMEDIATE NEEDS
 - EMERGENCY SHELTER
 - FOOD
 - GAS

THE HOW



COMMON SITUATIONS

- THE FAMILY HAS NOT FOUND A SERVICE PROVIDER AND ASKS FOR ASSISTANCE
- THE FAMILY HAS FOUND A SERVICE PROVIDER AND OWES A BALANCE
- THE FAMILY HAS ALREADY HAD SERVICES AND THOSE SERVICES HAVE BEEN PAID



PAYMENT REIMBURSEMENT



HOW:

- LEMON AID WILL REQUEST SUPPORTING RECEIPTS, STATEMENTS AND FURTHER DOCUMENTATION FROM THOSE INVOLVED TO VET ALL CLAIMS
- WHEN ALL DOCUMENTATION HAS BEEN SUPPLIED, WE REVIEW THEM AND ASSESS THE WHO, WHAT AND WHEN FOR POSSIBLE REIMBURSEMENT
- LEMON AID REIMBURSES EACH VETTED INDIVIDUAL DIRECTLY WHO MADE A CLAIM



TIMELINE



- REVIEWED WITHIN 48 HOURS (OR 2 BUSINESS DAYS) OF SUBMISSION TO LEMON AID VOTING COMMITTEE
- COMMITTEE FINAL DETERMINATION OF APPROVAL OR DENIAL – GOAL IS 72 HOURS (OR 3 BUSINESS DAYS)
- CLIENT IS NOTIFIED AS SOON AS POSSIBLE OF THE RESULT
- PAYMENT OR REIMBURSEMENT IS SENT AS SOON AS ALL INFORMATION IS PROVIDED TO DO SO, OR WHEN FUNDS ARE AVAILABLE

*IN CERTAIN CIRCUMSTANCES THERE MAY BE A CRITERIA REVIEW VOTE THAT TAKES PLACE BEFORE



AVERAGES AND CAPS

PER CASE AVERAGE

OVERALL CAP

\$4,817

\$6,000

WE DO HAVE INDIVIDUAL SERVICE CAPS IN MICHIGAN AND
GUIDELINES IN KANSAS



WHAT WE HAVE DONE SO FAR

FAMILIES HELPED

43

OVERALL FUNDED

\$202,317.89

AGENCY-WIDE WE HAVE WORKED INDIVIDUALLY WITH 400+ LOSS SURVIVORS, SUPPORTING THEM EMOTIONALLY AND WITH RESOURCES SINCE 2016





“

WITHIN A DAY OF OUR ONLINE APPLICATION, WE WERE CONTACTED BY LEMON AID. I CAN'T SAY ENOUGH ABOUT THE COMPASSIONATE SUPPORT THAT THEY SHOWED OUR FAMILY DURING THOSE INITIAL DAYS AND WEEKS WHEN WE COULDN'T SEE THROUGH THE FOG OF GRIEF AND TRAUMA. DANAE ALSO SENT A SPREADSHEET OF LOCAL GRIEF RESOURCES FOR OUR FAMILY LIVING IN 3 DIFFERENT STATES, AS WELL AS CARE PACKAGES. LEMON AID GRANTED FINANCIAL SUPPORT TOWARDS FINAL EXPENSES, LIFTING A TREMENDOUS WEIGHT FROM OUR SHOULDERS.

THE AGONY OF LOSING A LOVED ONE TO SUICIDE IS FURTHERED BY THE UNEXPECTED AND UNIQUE ARRANGEMENTS THAT MUST BE MADE. THANK YOU, LEMON AID, FOR BEING THERE FOR OUR FAMILY AND OTHER SUICIDE SURVIVORS.

—TERESA, KS

”



“

DURING THE HARDEST TIMES OF MY LIFE LEMON AID STEPPED UP AND HELPED ME AND MY FOUR CHILDREN GET CLOSURE. I NEVER WILL FORGET HOW HAPPY MY KIDS WERE WHEN THEY GOT A CHANCE TO WEAR THEIR MOM AROUND THEIR NECK. THANKS TO LEMON AID MY KIDS CAN TALK TO THEIR MOM WHEN THEY START MISSING HER. AND THAT MEANS A LOT. SFO HELPED ME AND CHILDREN GET MY WIFE / THEIR MOM ASHES AND THAT BROUGHT CLOSURE TO 5 BROKEN HEARTS.

TERRY, MI

”

Q&A



REFERENCES



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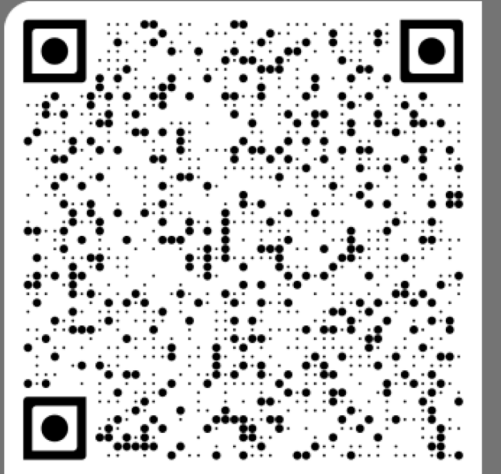
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[HTTPS://SPRC.ORG/COMPREHENSIVE-APPROACH/POSTVENTION](https://sprc.org/comprehensive-approach/postvention)



SCAN ME

SIX FEET OVER



KATE HARDY

KATIE@SIXFTOVER.ORG

