

# Upstream Kansas

Peer-learning, Networking  
and Centering Youth Voice

The Premier Prevention Association

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# Session Plan

- Objectives
- Introduction to Upstream Kansas
- Opening the Circle
- Setting the Agenda
- Group Sessions
- Closing the Circle

# Learning Objectives

1. Articulate the purpose, structure, and statewide impact of the new Upstream Kansas youth leadership initiative.
2. Explore and apply effective strategies for engaging youth as partners, including methods to elevate authentic youth voice
3. Examine and challenge personal assumptions or biases that may hinder successful collaboration with youth leaders.

# UPSTREAM KS

A community-driven initiative empowering Kansas youth in substance use prevention, equipping adults to partner with youth & strengthening coalitions.



KANSAS YOUTH PREVENTION ACTION COUNCIL

COALITION & LOCAL CHAPTER DEVELOPMENT

YOUTH LEADERSHIP SUMMIT

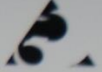
LOCAL YLINK & COALITION EVENT  
SUPPORT

YOUTH-ADULT PARTNERSHIPS DEVELOPMENT

COMMUNITY OF PRACTICE

TRAININGS & SUPPORT

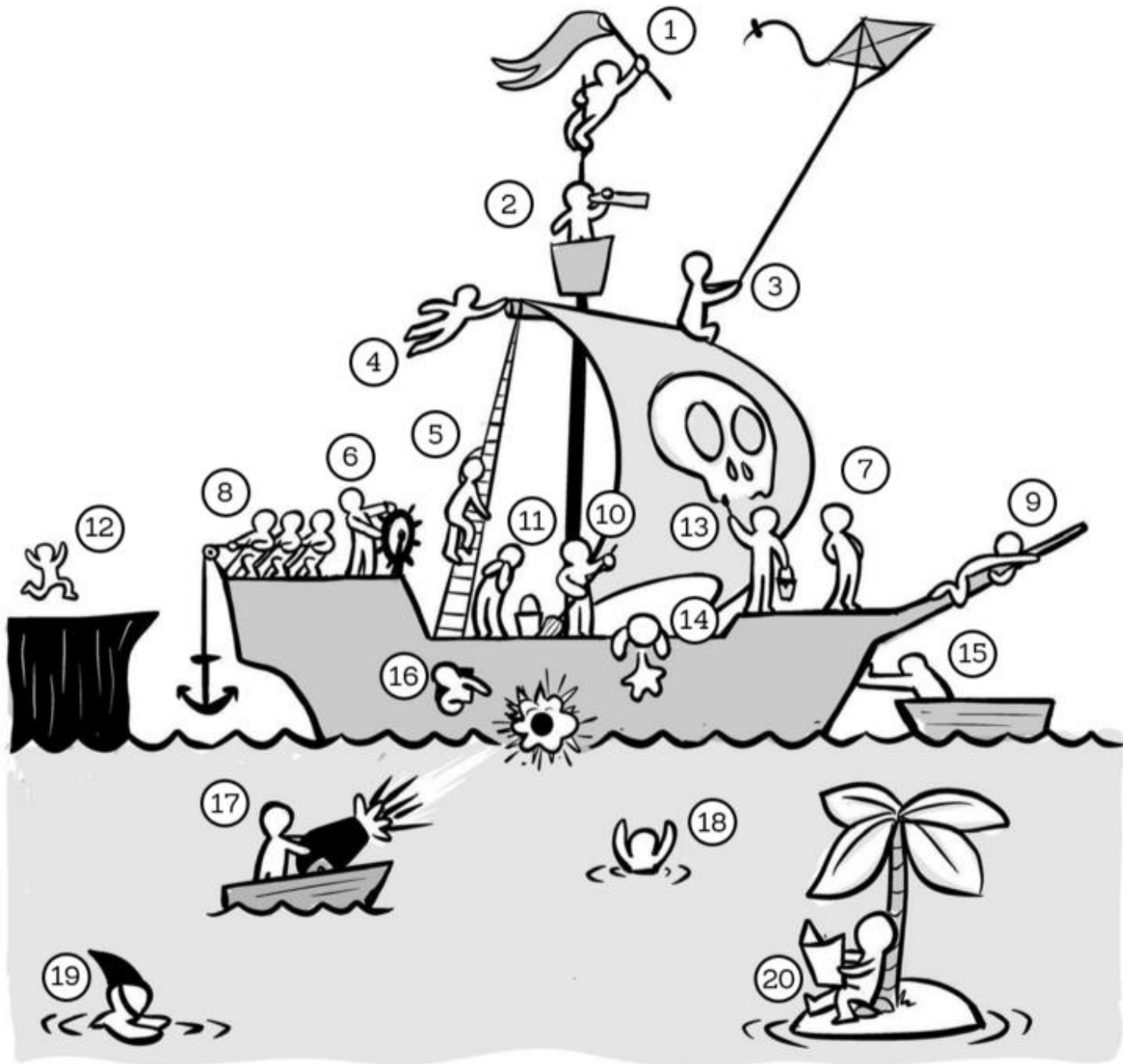
# GET INVOLVED!

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# Opening the Circle

- Introductions:
  - Name
  - Personal Pronouns, if you'd like to share
  - Where you call home
  - What coalition or organization you are here with and your role there
  - What number you most relate to on the pirate ship



# Principles of Open Space

1. Whoever comes are the right people.
2. Whatever happens is the only thing that could have.
3. Whenever it starts is the right time.
4. When it is over, it is over.

# Law of Mobility

*"If, during our time together, you find yourself in any situation where you are neither learning nor contributing, use your two feet [or whatever makes you mobile] and go to some more productive place."*

*– Harrison Owen*

# Butterfly space

- If none of the topics spark your interest
- If you need a break
- Remember – conversation can spark from this space, and insights from these discussions can later flow into working groups.
- And bumblebees!

# TIME TO SET AN AGENDA!



# Group Sessions

- Take notes!
- Discussion Prompts:
  - What does my coalition / do I do well on this topic?
  - What is an area of growth on this topic?
  - How can coalitions support each other on this topic?
  - How can CADCA support coalitions on this topic?

# Closing the Circle

- Share out:
  - What is something that resonated with you?
  - What is a next step your group can take?
  - What questions do you still have?



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[www.upstreamkansas.org](http://www.upstreamkansas.org)