



PASSIONATE ABOUT MENTAL HEALTH?

MAKE A DIFFERENCE IN YOUR COMMUNITY!

We're looking for local champions who want to be trained to lead life-saving mental health trainings in their area.

- 1** FREE REGISTRATION TO A TRAINING OF TRAINERS
- 2** ONGOING SUPPORT FROM DCCCA
- 3** CONNECTION TO OTHER LOCAL TRAINERS

If you want to be part of a movement that saves lives and supports mental wellness, we want to hear from you! Get trained. Lead change. Empower your community.



QUESTION, PERSUADE, REFER (QPR)

QPR is an emergency mental health intervention training to give community members the tools to aid a person in a suicidal crisis and connect the person to proper care.

Jan 21, 2026



COUNSELING ON ACCESS TO LETHAL MEANS (CALM)

CALM teaches participants the role of reducing lethal means in preventing suicides.

Feb 9-10, 2026



YOUTH MENTAL HEALTH FIRST AID (YMHFA)

YMHFA teaches participants how to identify, understand, and respond to signs of mental health challenges among children and adolescents.

March 18-20, 2026



CONNECT COMMUNITY POSTVENTION

This training from NAMI equips service communities with the skills and knowledge needed to respond effectively to a suicide.

TBD



SUICIDE SUPPORT GROUP FACILITATOR TRAINING

This training from AFSP offers suicide prevention organizers a way to create and facilitate a community support group for suicide loss survivors in the aftermath of a suicide.

TBD



Scan the QR code to complete the interest form or email Ariel at acohn@dccca.org.