

Youth-Friendly - Prevention Elevator Speech Worksheet



Prevention Advocacy for Youth & Young Adults in Kansas

This version uses plain language, shorter sections, and emphasizes student voice and lived experience, while still grounding advocacy in data.

Step 1: Who Are You?

Name: _____

I'm involved in: School Youth Group Prevention Club Community Org

Example: "Hi, I'm ____, and I'm a student involved in prevention efforts in my community."

Step 2: What's the Issue?

I care about preventing:

Substance use Suicide Problem gambling Mental health challenges

Why this matters to Kansas youth (in your own words):

Step 3: Use One Kansas Fact

A Kansas fact that surprised me:

Where it came from (if known):

School or youth survey (KCTC or KYAS) State data (KDHE or KDADS)

Presentation or training

Tip: Numbers help adults understand how serious this issue is.

Step 4: What Helps? (Prevention)

What works to prevent this problem:

Education Supportive adults Mental health resources

Healthy activities and connection

Why prevention is important (finish this sentence): "Prevention helps because _____"

Step 5: Make It Personal

Who does this affect?

- Me Friends Family Other students in Kansas

Why I care about this:

Step 6: Ask for Action

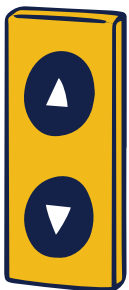
What I want adults or leaders to do:

- Support prevention programs Protect funding Listen to youth voices
 Learn more

My ask: (Example: "Please support prevention programs that help Kansas youth before problems get worse.")

Step 7: Practice My Full Speech (30–45 seconds)

Write your full elevator speech below. (Put it all together!)



Youth Speaker Tips

- You don't need all the answers. Your voice matters
- One fact + one personal reason = powerful
- Speak clearly, not perfectly
- Prevention is about hope and change